

# LAUNCH»

Leadership Accountability Unity Navigating Change High Expectations

TASK CARD | MARCH 2021

TOTAL EXPECTED TIME: 30-45 MINUTES

**All video and article links can be found on the Task Card page at [PSBNMSupport.com](https://PSBNMSupport.com)**

## ***Mindset: The New Psychology of Success*** by Dr. Carol S. Dweck

- » Please read pages 62-66 and pages 196-205
- » Please watch Dr. Ross Greene's video [\*Kids Do Well if They Can\*](#) (4:30 minutes)

## ***Reflection Questions***

- » In what ways have you seen fixed and/or growth mindsets impact student success at your site? Which students are generally expected to do well in school and which are not? Why do you think this is the case?
- » On page 196, Dweck writes "The great teachers believe in the growth of the intellect and talent, and they are fascinated with the process of learning". What might you do to help educators at your site commit to high expectations along with high support and nurturing?
- » After watching the Greene video, in what ways have you seen the idea, "kids do well if they wanna," play out at your site? What efforts do leaders and staff make to get student to "want" to do well? Why might it be important to shift adult mindsets to believe that "kids do well if they can"? What can you do to help staff make those connections?

## ***Self & Collective Care***

- » Please read and reflect on the [\*10 Questions About Self-Care Only You Can Answer\*](#) from Mindful Teachers.
- » Please review the [\*Self-Care Self-Assessment\*](#) on pages 3-8 and complete the "Work" section on pages 8-9 of the [\*Educator Resilience and Trauma-Informed Self-Care Self-Assessment\*](#) from the Center on Great Teachers & Leaders. You can print the self-assessment out to complete, or record your numbers on scratch paper.

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## **Reflection Questions**

- » How did you feel as you read the *10 Questions from Mindful Teachers*? What questions were easiest or hardest to answer and why? Which of your answers surprised you, if any?
- » Which of the self-care strategies do you most often incorporate into your life? What is working well that you want to keep doing? What new strategies might you try?
- » How do you think your staff might respond to the *10 Questions* or the *Self-Assessment*? What might you do, as a school leader, to create more opportunities for staff self and collective care?

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