



LAUNCH

Task Card 2

Mindset

by Carol Dweck

In Chapter 7, read pgs. 176 - 191

- Reflect on the scenarios where parents exposed children to fixed or growth mindsets.
- How can educators help students have a growth mindset in similar situations?

Originals: How Non-Conformists Move the World

by Adam Grant

In Chapter 8, read pgs. 215-223

In "Don't Stop Believing"

- Consider the concepts of fear, excitement and encouragement.
- Can you see yourself as a helper to overcome fear rather than an encourager? How?

In "Outsourcing Inspiration"

- Consider how a leader can delegate certain responsibilities for a different outcome.

Rising Strong

by Brené Brown

Read the introduction

"Truth and Dare"

- Consider the quote on p. xviii: "While vulnerability is the birthplace of many of the fulfilling experiences we long for - love, joy, creativity, and trust, to name a few - the process of regaining our emotional footing in the midst of struggle is where our courage is tested and our values are forged."
- How do you define vulnerability in your personal and professional life?
- What values guide your vulnerability?
- Think of a time when you had to be courageous, how did your vulnerability pose as a part of your journey toward your courage?

