



LAUNCH

★ Task Card ★ 2

Mindset

by Carol Dweck

Read Chapter 7 read (pp. 176 - 191)

- » Reflect on the scenarios where parents exposed children to fixed or growth mindsets.
- » How can educators help students have a growth mindset in similar situations?

Originals

by Adam Grant

Read Chapter 8 (pp. 215 - 223)

In "Don't Stop Believing"...

- » Consider the concepts of fear, excitement and encouragement.
- » Can you see yourself as a helper to overcome fear rather than an encourager? How?

In "Outsourcing Inspiration"

- » Consider how a leader can delegate certain responsibilities for a different outcome.

Rising Strong

by Brene Brown

Read the introduction - "Truth and Dare"

Consider the quote on pg. xviii
"While vulnerability is the birthplace of many of the fulfilling experiences we long for - love, joy, creativity, and trust, to name a few - the process of regaining our emotional footing in the midst of struggle is where our courage is tested and our values are forged."

- » How do you define vulnerability in your personal and professional life?
- » What values guide your vulnerability?
- » Think of a time when you had to be courageous, how did your vulnerability pose as a part of your journey toward your courage?