

TASK CARD TWO

Leadership in Turbulent Times by Doris Kearns Goodwin

Before you begin to read the book, answer these questions:

- 1. Which of your core personal values are you able to demonstrate consistently at work?
- 2. What tasks or skills come very easily to you, almost effortlessly?
- 3. What part of your work energizes you?

Mindset: The New Psychology of Success by Carol S. Dweck, Ph.D.

- Read chapter 3: The Truth about Ability and Accomplishment
- Answer the following:
 - Did you always assume that success came right from innate talent or ability?
 - Discuss people you know who are brilliant or talented but never went anywhere. And people who are not so brilliant or talented, but are highly successful. How did they do it?

The Age of Overwhelm: Strategies for the Long Haul by Laura van Dernoot Lipsky

- Read Chapter3: A Way Through: When Less is More (pages 53-63)
- Page 54 describes "doing less of what erodes us, and more of what sustains us." What is within your control and how can you restore your perspective to navigate what is yet to come?

