

The logo for LEAD NEW MEXICO is a circular emblem. It features a dark green outer ring with a white dotted line along its inner edge. Inside the ring, a white crescent moon is positioned on the right side. The words "LEAD" and "NEW MEXICO" are written in a bold, white, sans-serif font, stacked vertically in the center of the circle.

LEAD NEW MEXICO

TASK CARD TWO

The Age of Overwhelm

by Laura van Dernoot Lipsky

Read Chapter 2 - "What causes overwhelm?"

- What are the external and internal factors that contribute to your overwhelm?
- How can they be managed?

Trauma Stewardship

by Connie Burk and Laura van Dernoot Lipsky

Read Chapter 4, read (pp. 47-89)

- On page 87, how are you setting the following for yourself:
 - » Directing yourself to greatness
 - » Answering your calls
 - » Answering yourself

Supporting & Educating Traumatized Students

by Eric Rossen

- Read Chapter 3 - "A Trauma-Informed and Culturally Responsive Approach in the Classroom" (pp. 45-57)
- Discussion Question #1:
 - » What are some strategies for learning about students' lives?
 - » How can you relate their life experiences to their academic experience?
- Discussion Question #2:
 - » How can you use the 3 A's to design more inclusive classrooms in your school?