



Resilience, Instruction, Support, and Excellence

TASK CARD

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COHORT 4

Trauma Stewardship: **An Everyday Guide to Caring for Self While Caring for Others** *by Laura van Dernoot Lipsky*

In Chapter 4, read pages 47-89

- On page 87, how are you setting the following for yourself:
 - Directing yourself to greatness
 - Answering your calls

Leadership Case Studies in Education *by Peter Northouse & Marie Lee*

Read pages 5-6: Case Study - "Balancing the Workload"

- Reflect on what you have read and answer questions #3 and #4 on page 7

Just Change *by Tynesia Boyea-Robinson*

Read pages 37-43: "Create Lasting Impact Through Equity"

- Reflect on this question: Have you considered issues of equity, particularly racial equity, in your work?