



Resilience, Instruction, Support, and Excellence

DECEMBER 2021

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Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others *by Laura van Dernoot Lipsky*

- » In Chapter 4, read pages 47-89
- » On page 87, how are you setting the following for yourself:
 1. Directing yourself to greatness
 2. Answering your calls
 3. Answering yourself

Grit: The Power of Passion and Perseverance *by Angela Duckworth*

- » Prior to reading the book, answer this question:
What characteristics do you think are found in someone who has “grit?”
- » How do we balance encouraging improvement with encouraging interest in our students (or in ourselves)?
- » How do we keep students interested while getting them to practice and improve?
- » Is it different with students of different ages and ability levels?

Originals: How Non-conformists Move the World *by Adam Grant*

Adam Grant has his own definition of originality: “Introducing and advancing an idea that’s relatively unusual within a particular domain, and that has the potential to improve it.”

- » What is your personal definition of what it means to be “original”? (pg. 3)

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