



NEW MEXICO  
THRIVE

**THE AGE OF OVERWHELM**

*by Laura van Dernoot Lipsky*

Read Chapter 2 -

*"What causes overwhelm?"*

- What are the external and internal factors that contribute to your overwhelm?
- How can they be managed?

**CULTURALLY RESPONSIVE SCHOOL LEADERSHIP**

*by Muhammed Khalifa*

Read chapter 3 -

*"I can't help them if they're not here"*

- Reflect on discussion questions on page 107 with your Performance Coach

**GET BETTER FASTER**

*by Paul Bambrick-Santoyo*

- Watch video clips 6, 7, and 8
- What are your take aways?
- How can these take aways improve your feedback process?

